In brief:

• See your dentist for a checkup. Tell him or her you’re pregnant and provide your doctor’s name and your due date

• Make sure your dentist includes your doctor’s name and your due date on the claim form

• All fees will be waived for eligible services, including cleaning, scaling and more

Features and benefits

Prenatal Dental Care program

Did you know the health of your teeth and gums can affect your baby’s well-being? It’s true. Studies show that if you have gum disease when you’re pregnant, it can contribute to a type of diabetes prompted by hormonal changes. Gum disease also puts you at a greater risk for preeclampsia, a condition where toxins build up in the blood and cause high-blood pressure and other symptoms. These diseases not only impact your health, but they can increase your chance of having a premature birth or a low birth weight baby.

That’s why we’ve created the Prenatal Dental Care program, a special benefit for expectant mothers who are in their second or third trimester. This program provides extra coverage for specific dental services, including:

• Dental cleanings
• Deep scaling (deeper cleaning of the tooth)
• Removal of infected or dead tissue (called debridement)

When you take advantage of this program, these services:

• Are covered at 100%, so there’s no cost to you as long as you see a dentist who is part of our network

• Do not apply toward your annual maximum, which is the maximum amount the dental plan will cover in a given year

• Do not apply toward your deductible — the amount you must pay before your dental plan coverage begins

Additionally, with the Prenatal Dental Care program:

• You don’t need a referral to receive these services

• If your plan has a waiting period — an amount of time you must wait before you’re eligible for your benefits — that waiting period does not apply to these services
Make an appointment with your dentist.

To take advantage of the Prenatal Dental Care program, simply make an appointment with your dentist for a checkup and cleaning. Tell him or her your due date and the name of your doctor or nurse-midwife. Ask that your due date and the name of your medical doctor be included on the claim form, so your visit qualifies for this program.

Customer Care.

For questions about the Prenatal Dental Care program, call Customer Care at the toll-free number listed on your ID card.

For more information, members can call the Customer Care number on the back of their member ID card.


3If your plan provides coverage for out-of-network care and you receive these services from a non-network provider, you may have additional costs.

4Note that some plans include waiting periods, while others do not. Your benefit document outlines the specific requirements for your plan.

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