Wellness Dollars

Programs and screenings targeting employers’ wellness objectives and needs

The United Advantage® program has collaborated with Wellness, Inc., providing Platinum brokers access to Wellness Dollars options valued at $2,500. To assist our customers with today’s health care challenges, UnitedHealthcare provides health promotion programs and screening services that target each employer’s specific wellness objectives and needs.

Two options have been selected for the 2011 United Advantage program year. These offerings may only be used toward current UnitedHealthcare clients. Both Wellness Dollars options may not be applied towards client prospects or Platinum agency employees, even if you carry UnitedHealthcare insurance. Each Platinum agency will be allowed to select one of the below benefit options and may not combine offerings together:

**Option A – Flu Shots** — Access to 100 annual flu vaccines provided by a registered nurse. Two separate flu shot events may be established. (Minimum order requirement of 50 flu shots per event).

**Option B – Know Your Numbers Health Screening** — Access to 50 comprehensive health screenings provide you essential information for KYN lipids and glucose screenings. Results are provided to the members immediately on site. (Minimum order requirement of 50 attendees per event).

**How to Access**

Simply email UnitedAdvantage@uhc.com to request an Event Request Form and indicate which of the above options your agency wishes to access: Option A – Flu Shots or Option B – Health Screenings. Please also include the following detail within the email: client name, contact name, email and phone number and date of event.

Wellness, Inc. will follow up within 48 business hours upon receipt of the Event Request Form. Please note: Events must be scheduled 60 days prior to order. Final approvals will be provided 45 days prior to event.

**Wellness Dollars Terms & Conditions**

1. Wellness Dollars are available for the duration of the 2011 United Advantage program year and expire April 30, 2012, with no carry over provision.
2. Wellness Dollars may not be transferred or redeemed for cash value.
3. Anything requested beyond the above options will be the agency’s or client’s responsibility.
4. Options must be ordered between May 1, 2011 and March 1, 2012.
5. Options must be used by April 30, 2012.
6. Wellness Dollars options are available one per agency and not per client.
7. Wellness Dollars may be used for current UnitedHealthcare customers only. Wellness Dollars are not available for prospective clients, nor employees of a United Advantage agency.
Frequently Asked Questions

General Questions

- Are there other available options through our Wellness Dollars? No, the only options available are either flu shots or health screenings. No other options are available through the United Advantage program.

- Can the options be blended together? Option are available as an either/or selection and may not be blended together due to event minimum requirements.

- How is the billing handled for the $2,500? United Advantage manages all billing for the $2,500 Wellness Dollars options. A bill will not be sent to the broker or employer.

- Can Wellness Dollars options be added to the above choices? Yes, you are able to order additional services through Wellness, Inc. Anything ordered above and beyond the provided benefit will be the agency’s or client’s responsibility and billed accordingly.

- Who is able to access the Wellness Dollars option benefit? The Wellness Dollars options may be used on current UnitedHealthcare customers only. They may not be used on Platinum agency employees nor prospective clients. Benefits can be used for active customer eligible employees and their dependents.

- May we select a vendor to distribute the flu shots or health screenings? Wellness, Inc is the only authorized vendor to provide these services through the United Advantage program. Additional vendors will not be honored.

- How do I know what dates are available for an event? All events must be requested with a 60 day lead time. Final approval on a date or date change will be processed and confirmed by your Program Coordinator.

- What does the member experience look like?
  - Screenings: Members will start at the registration table and complete their consent form (this form also serves as the results form). From there they will have their BMI and Body Composition assessed then the will move on to the Blood pressure station. The final station they visit is the fingerstick station. The results of the fingerstick take about 5-7 minutes to process then the member will receive a copy of all their results to take home with them the day of.
  - Flu: Members will start at the registration table and complete their consent form then receive their flu shot. See attachment (add PowerPoint slide of layout)

- How long will the event take and what hours can you come out? The duration of the event is dependant on the number of projected participants. Your program coordinator will outline for you what the appropriate amount of time would be.
  - Our standard operating hours are Monday–Friday from 5am-7pm.

- What are the space requirements? We ask for a large room that will comfortably accommodate the tables, chairs and waste bins required. A room diagram with the specific requirements will be provided during planning.

- Do you provide privacy screens? Privacy screens are available upon request but do incur additional fees. Cost can be obtained through your Program Coordinator.

- How many staff members will you be sending to the event? The number of staff members is dependant on the size of the event. An actual count can be provided 1 week in advance of your event date.

- What certifications does the staff hold RN, etc? Our Screening staff consists of Registered Nurses, License Practical Nurses, certified/licensed Phlebotomist (When required by state statute) and Health Educators.

- Do we have our own staff or do we farm this out? We do contract with a few, select screening vendors that we call upon based on specific needs and their specific strengths.

- Will the UnitedHealthcare rep be involved in this process? We are happy to include your UnitedHealthcare rep in communications and planning if their contact information is provided.
General Questions continued

- What is the cost to have more than 50 screening / 100 flu shot participants? The United Advantage prices will be extended to your clients. Each additional flu shot will cost $25 per shot; and health screenings will cost $50 per screening. Any cost for additional services will be determined by your Program Coordinator.
  - Who is billed for additional people? The client will be billed for any additional people or buy ups.

Flu Shots

- Are there any required age limits for flu shots? Flu shots are available to those who are 18 years of age or older. There is not a maximum age.
- Who provides the flu shots? Flu shots are provided through Wellness, Inc. by a registered nurse.
- Are there minimum participation requirements to hold an event? Flu shots require a minimum of 50 participants per event. The United Advantage Platinum Wellness Dollars option provides 100 flu shots, so two events are the maximum scheduled through this program.
- Where are the flu shots administered? Flu shot location(s) are administered at a place of preference by the client/broker.

Health Screenings

- Can you clarify what the health screenings consist of? The health screenings are a standard Know Your Numbers lipid and glucose testing.
- How soon are results provided back to the employee? Results are immediate and provided to the employee on-site. No additional reporting will be sent to the employee or client.
- Where are the health screenings administered? Health Screenings are administered at a place of preference by the client/broker.
- Are there minimum participation requirements to hold an event? Health screenings require a minimum of 50 participants per event. The United Advantage Platinum Wellness Dollars option provides 50 health screenings, and one event is the maximum scheduled through this program.
- What is included in the screening offered by United Advantage? The screening offered is the Know Your Numbers screening package which includes:
  - Blood Pressure Measurement
  - Body Mass Index Measurement
  - Body Fat Measurement
  - Fingerstick testing – partial lipid and glucose (Total Cholesterol, HDL, HDL/Cholesterol Ratio and Glucose)
- What is the Panel C? The Panel C is a comprehensive blood draw. The full blood testing panel is not part of the offering from United Advantage.
- What does the client need to provide for the screening? We ask for a large room with tables, chairs, waste bins and access to electricity hook up. A room diagram with the specific requirements will be provided during planning. We also ask that the day of the event the contact be available at least 1 hour prior to the event to meet the team and show them where to go.