



UnitedHealthcare Options

a Preferred Provider Organization (PPO)

Traditional benefits; modern efficiencies

► **Something old: Access, flexibility, freedom**

The Options PPO family of plans are traditional health plans; that means they offer a range of medical benefits and wide network access. These plans are popular and familiar to employers and employees; offering broad freedom of choice. In addition, Options PPOs offer extensive plan design flexibility in order to meet crucial employer needs.



Options plans typically include an array of covered services and permit members to see any health care professional in our broad, nationwide network without a referral for a higher level of benefits. There are no claim forms to complete when using our network. Or, members can seek care from doctors and hospitals outside the network – and still receive coverage. Additional out-of-pocket costs apply for non-network care. (Note: In some cases prior notice and approvals may also be needed based on plan design.)

► **Something new: Better care through informed decisions**

We use innovative tools and systems to support health consumers at the critical moments when they are deciding how to engage the health care delivery system. By providing the resources necessary to help inform members of their health issues and treatment options, we can help cut health care costs by as much as 50 percent.*

► **Cost control through care management**

Our integrated clinical solutions help promote informed decision-making to help members stay healthy, get healthy or better manage a chronic condition. We equip members with the information they need to choose the right doctor or hospital, find the right care, get the right medicine and live a healthier lifestyle.

We proactively review your member data in order to provide a better health care experience for consumers. Members with chronic conditions benefit from a personalized approach that includes education and coaching from a registered nurse.

► **Integrated member assistance**

Your employees will have access to our dynamic, engaging consumer website, myuhc.com®. It features authoritative wellness information, resources and tools — plus easy access to their personal health and benefits information. Members also benefit from our 24-hour nurse assistance phone service, plus pharmacy and transplant coordination services.

► **Special notice for Taft-Hartley fund clients:**

UnitedHealth Integrated Services is dedicated to the Taft-Hartley marketplace that is self-funded with a TPA, or is self-administered through the Taft-Hartley fund. UnitedHealth Integrated Services allows the TPA or fund administrator to continue their role while gaining access to the **Options PPO** network and **Care Coordination** programs. The fund or trust maintains the member experience including eligibility, benefit determination and customer service calls. Available to Public Sector customers with 10,000 or more subscribers.

Ask your broker or UnitedHealthcare representative for more information about the UnitedHealthcare Options PPO plans. Or, to see if this plan is available in your state, use our Group Plans Search tool at www.uhc.com/group_plans_search.htm

Benefits to employers

- Plan design flexibility to fit most any need
- Cost savings over indemnity plans and other PPOs
- Integrated wellness resources, pharmacy, behavioral health and transplant programs

Benefits to employees

- Direct access to network specialists without a referral
- See any physician in or out of the network (subject to plan procedures)
- Preventive care coverage in the network
- Innovative, personalized wellness and health information and resources

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by UnitedHealthcare Insurance Company, United HealthCare Services, Inc. or their affiliates.