

Condition Based Plan Designs

- ▶ **Diabetes Health Plan**
 - Living with Diabetes
 - Living with Pre-diabetes
- ▶ **Living with High Blood Pressure and High Cholesterol**



Diabetes and at risk conditions are major health care issues for employers and employees alike. Tens of millions of Americans are diagnosed as diabetic or pre-diabetic, and the figure is rising each year. The number of Americans who are diabetic or pre-diabetic has reached an astounding 86 million, due in large part to the rising obesity rate. The rising trend may have a big impact on your current and future benefit costs, productivity levels, and most importantly, the well-being of your most valuable asset – your people.

UnitedHealthcare can help. We're pleased to introduce the **UnitedHealthcare Condition Based Plan Design** portfolio which includes value based insurance designs for those living with diabetes, pre-diabetes and high blood pressure and high cholesterol.

The UnitedHealthcare Condition Based Plan Design integrates a series of condition-specific features for members with diabetes, pre-diabetes, high blood pressure and high cholesterol. These features include a standard UnitedHealthcare plan design. The plan rewards adherence to condition preventive care guidelines by reducing financial and clinical barriers. This may help lower the risk of complications and overall health care costs.

The UnitedHealthcare Condition Based Plan Designs may offer a multitude of benefits for your company and your employees:

For your company

Condition Based Plans Designs are designed to remove health care barriers, raise member compliance and may help to improve the overall return on your health care investment. Moreover, the Condition Based Plan Design offers you the following benefits:

- ▶ **More engaged employee population.**

Since the Condition Based Plan Design rewards compliant behavior, members may become more involved with managing their own health care.

- ▶ **Reduced long-term expenses.**

Diabetics, pre-diabetics or those with both high blood pressure and high cholesterol may begin to make improved health care choices that can yield better clinical and financial outcomes.



Condition Based Plan Design popular features include:

- No co-payments for condition-specific doctor's visits
- No co-payments for condition specific prescriptions

▶ **Increased well-being of your employees.**

By diagnosing at risk employees today, you may avoid potential health care complications and subsequent expenses tomorrow.

▶ **Increased employee satisfaction.**

Additional savings, access to a national network and advocacy services may bring higher member satisfaction.

For your employees

The Condition Based Plan Design is an innovative benefit plan. Those with diabetes, pre-diabetes or both high blood pressure and high cholesterol and their family members enjoy many personalized features.

▶ **Health care savings.**

The Condition Based Plan Design includes out-of-pocket savings for office visits, certain pharmaceuticals and medical supplies.

▶ **Custom health plan for specific conditions.**

Members receive customized scorecards that help guide them on how to remain compliant with required health actions as recommended under Evidence Based Medicine guidelines.

▶ **Guidance to make the right choices.**

Members have access to educational tools that may help the whole family manage the disease.

▶ **One family, one plan.**

The Condition Based Plan Design is truly a “family plan”; diabetics, pre-diabetics and those with high blood pressure and high cholesterol and their non-condition family members can enroll together.

